

But Its Not My Fault

From the Series

RENEWING OF YOUR MIND 3.0

Introduction: Many victims realize that they've been hurt by other people. But rather than come to Jesus to heal them, they instead "play the victim" and thus, blame someone or something else for their wrong behavior!

When God asked Adam why he ate of the forbidden fruit, what did he do? Genesis 3:12

Rather than own up to what he did wrong, Adam instead blamed his wife!

People still do the same thing today. They think that as long as it's someone else's fault, then it is never my fault for what I do. Thus, I don't have any responsibility for whatever I do. Therefore, I don't have to change!

When God asked Eve why she ate of the forbidden fruit, what did she do? Genesis 3:13

Rather than own up for what she did wrong, Eve blamed the serpent whom God had given!

In the same way today, people are excusing their bad behavior by finding someone else or something else to blame.

Have you ever blamed something or someone, for something you did wrong? What was it?

What did Martha say to Jesus? John 11:21

"If only" you had been here, then my brother wouldn't have died. In other words Jesus, it's your fault that he died.

What did Martha add to her blaming of Jesus? John 11:22

Martha believes that even now, God will give to Jesus whatever He asks!

She was stuck between blaming Jesus on one side and a miracle on the other side!

Whenever we say, "the devil made me do it", what we are really saying is that it's the devil's fault for what I did! And if it's the devil fault, then it's not my fault!! And if it's not my fault, then there is nothing I can do

to change! In other words, I do what I do, because I don't have a choice! But you always have a choice!!

Have you ever blamed God for something that happened to you, or the devil for something you did? What was it?

What did David do when his rebellious son Absalom had died? II Samuel 18:33

David saw how his bad indecisions had caused the rebellion and death of his son, Absalom and thus he felt guilty for the whole thing!

What did Joab then do to David? II Sam 19:5-7

Joab gave to King David, a dose of what is called 'reality therapy'!"

God often uses people who are closest to you and who have the greatest influence in your life to snap you out of your false reality!

Besides Reality checks, what else will help us to heal? James 5:16

if we pray for one another, that will bring healing! Prayer changes our hearts towards others and we then treat them better!

When we confess our faults and sins to others, we are really being real and transparent as to who we really are! And when we are transparent with each other, it creates a safe place!

Have you ever believed a "false reality" because the truth was just too painful? What was it?

What did Jesus Cry on the Cross? Matt. 27:46

Jesus was the ultimate victim so that we can all relate with Him and thus be healed!

But when tempted to "play the victim", what did Jesus do instead? Luke 23:34a

Jesus didn't "play the victim"! But instead, He chose to forgive His abusers and do what He needed to do!

Is there anyone you still blame for how your life has turned out? Will you forgive them?

Conclusion: Many continue on this vicious cycle of brokenness, while deceiving ourselves that everything is ok!!

But someone needs to come in and break the generational curses! Someone needs to break the cycle!!